



INDEPENDENT LIVING DINING MENU

Week of November 9th to November 13th

Kitchen phone (405) 531-3444

Menu subject to change due to availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STANDARD BREAKFAST	STANDARD BREAKFAST	STANDARD BREAKFAST	STANDARD BREAKFAST	STANDARD BREAKFAST
Turkey Tetrazzini Polish Sausage Sandwich Fried Potatoes W/onions & peppers Cauliflower Cottage Cheese W/fruit Pumpkin Bars	Shrimp Rigatoni Alfredo sauce Peri Peri Chicken Rice Pilaf Glazed Carrots Orange Beet Salad Apple Pie	Italian Meatloaf Honey Glazed Ham Sweet Potatoes Broccoli w/cheese Cucumber Salad Cherry Crisp	Beef Goulash Chicken Cordon Bleu Scalloped Potatoes Mixed Veggies Tossed Salad Pumpkin Pie	Stuffed Bell peppers Cod/onions & peppers Rosemary Roasted Potatoes Peas and Carrots Tossed Salad Brownie Sundae

Dining Room Hours:

Breakfast 7:30-8:30 and doors open at 7:20

Early Lunch 11:30-12:15 and doors open at 11:20

Late Lunch 12:30-1:15 and doors open at 12:20

Pickup To-Go Meals:

Breakfast 8:00-8:30

Lunch 12:00-12:15

Delivery Meal Hours:

Breakfast 7:00-7:15 (call for delivery the day before)

Lunch 11:00-11:15 (call the day of by 10:00am)

Standard Breakfast: Scrambled eggs, Hash browns, Biscuit, Bacon, Sausage, Oatmeal, and Grits