



INDEPENDENT LIVING DINING MENU
Week of November 2nd to November 6th
Menu subject to change due to availability

Kitchen phone (405) 531-3444

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STANDARD BREAKFAST	STANDARD BREAKFAST	STANDARD BREAKFAST	STANDARD BREAKFAST	STANDARD BREAKFAST
Garlic Parmesan Tilapia Lemon Pepper Chicken Rice Pilaf Cream Corn Cranberry Walnut Salad Cherry Cobbler	Pulled Pork Tacos Chicken Fajitas Refried Beans Mexican Rice Guacamole Cheesecake W/ Cherry topping	Salisbury Steak W/mushroom gravy Oven fried chicken Mashed potatoes & gravy Green Beans Spinach Salad Apple Crisp	Spaghetti W/Meat sauce Ham & Cheese Wraps Mixed Veggies Caesar Salad Choc. Cake	Salmon W/Mango Salsa Country Pork Chops Dressing Brussel Sprouts Coleslaw Sweet Potato Pie

Dining Room Hours:

Breakfast 7:30-8:30 and doors open at 7:20
Early Lunch 11:30-12:15 and doors open at 11:20
Late Lunch 12:30-1:15 and doors open at 12:20

Pickup To-Go Meals:

Breakfast 8:00-8:30
Lunch 12:00-12:15

Delivery Meal Hours:

Breakfast 7:00-7:15 (call for delivery the day before)
Lunch 11:00-11:15 (call the day of by 10:00am)

Standard Breakfast: Scrambled eggs, Hash browns, Biscuit, Bacon, Sausage, Oatmeal, and Grits