



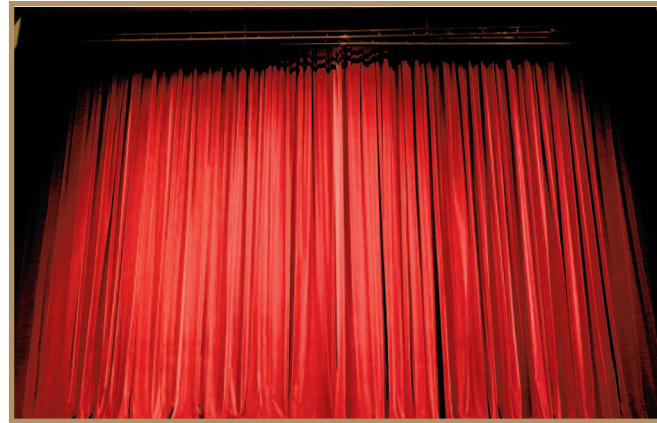
## Dog Days of Summer



When the weather gets hot and the days stay long, you may hear people refer to this time of year as “the dog days of summer.” But what do dogs have to do with it? The

phrase is actually a reference to the fact that, during this time, the Sun occupies the same region of the sky as Sirius, the brightest star visible from any part of Earth and part of the constellation Canis Major, the Greater Dog. This is why Sirius is sometimes called the Dog Star. Whatever you call it, stay cool and enjoy these late days of summer!

## A Night at the Theater



Join us for  
**The Cottages at Bradford Village  
Celebrate: A Night at the Theater**

**Tuesday, August 27th  
5:00 PM**

Cocktails served at 4:30 PM  
in the Lobby

## Villagio Begins Partnership with Cappella

Beginning August 1, Villagio Senior Living begins its new partnership with Cappella Living Solutions, a senior living management company.

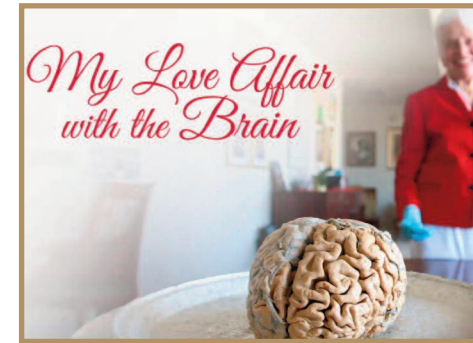
Cappella Living Solutions is a premier operator of senior living communities and work closely with Christian Living Communities, who has been in business since 1972. Our expertise in operations, sales and marketing, clinical, and finance have positioned us as leaders in fast fill-ups and turn-around in all levels of care in senior housing.

Our integrity and commitment to our senior living partners promotes profitability while prioritizing quality care for residents, as well as a supportive team environment for staff. Our focus on quality is evidenced by consistent five-star ratings in our clinical settings, fast fill-ups, strong occupancy, healthy margins, and a commitment to a powerful community culture that we call “our secret sauce.”

At Cappella Living Solutions, we are driven by our passion to change the world of senior living. Our talented bench of experts operates with the highest integrity in pursuit of transformational results. Our team draws upon its years of experience to create unparalleled standards in the management and consulting of senior living communities. We are focused on exceeding the expectations of our senior living clients.

Villagio Senior Living is excited for our new partnership with Cappella Living Solutions!

## August Talks at the Cottages



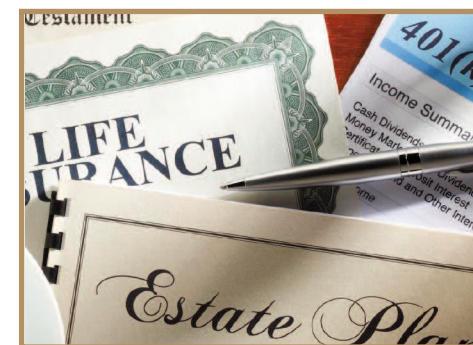
August 20th

Villages OKC will be presenting My Love Affair with the Brain on August 20th at 10:00 am in the Activity Center. My Love Affair with the Brain is a documentary about the brain, the passion of scientific discovery, the creation of modern neuroscience, Albert Einstein, women in science, and love – all via the life and research of beloved professor, Dr. Marian Diamond.



August 15th

On August 15th at 12:30 pm, John Vincent, Senior Services Support Specialist of the Medicare Assistance Program, from the Oklahoma Insurance Department will be in the Community Center to answer questions about Medicare changes and updates in 2019.



August 8th

On August 8th from 9:00-11:00 am in the Activity Center, there will be a presentation on “7 Costly Mistakes Families Make when Planning their Estates”.

### Villagio Team

- Eric Legleiter  
*Executive Director*
- Caitlin Cairns  
*Assistant Campus Director*
- Kammi Henry  
*Director of Financial Services*
- Kelsey Clark  
*Life Enrichment Coord.*
- Deb Middleton  
*Manager of Dietary Services*
- Tim Ray  
*Maintenance Director*
- Edward Tellone  
*Maintenance Services*
- Eric Forcha  
*After Hours Security*
- Donna Syth  
*Concierge*
- Colene, Ivy, Simone  
*Dining Services*
- Jessica & Laurie  
*Housekeeping*





## Everyday Villagio Experience

7:30-9:00 a.m.  
Breakfast M-F

11:30 a.m. - 1:00 p.m.  
Lunch M-F

8:00 a.m. - 4:00 p.m.  
Coffee Bar in CC Lobby

8:00 a.m. - 4:00 p.m.  
Library open M-F

8:00 a.m. - 4:00 p.m.  
Puzzle Table

8:00 a.m. - 4:00 p.m.  
Fitness Center Open in AC

Room Reservations  
Call to Reserve 531-3444

Happy Birthday

Louise Adams 8/7  
Cecelia Parkey 8/7  
Hwa Yun Paddack 8/15  
Sharon Ward 8/17  
Joyce Jones 8/21  
Dorothy Skinner 8/28  
Wilomae Belknap 8/31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>The Cottages at Bradford Village</p> <p>300 Enz Drive Edmond, OK 73034 (405) 531-3444 www.villagioliving.com</p>		<b>LOCATION KEY</b> CC - Community Center - AC - Activity Center - AL - Assisted Living - L - Library - O - Off Campus - - -		9:00 LIFT Exercise Class AC 10:15 Men's Coffee Philosophy AC 1:00 Walmart O	8:00 Coffee with Eric CC 9:00 SAIL Exercise Class AC 12:30 Flex Your Brain Handout CC 1:00 OKC Museum of Art O	10:00 Monthly Brunch CC 11:30 Bingo AC
3:30 Communion - Southern Hills AL 4:00 Church Service - Var. Ministries AL	4 9:00 SAIL Exercise Class AC 10:00 Executive Committee Meeting AC 11:15 Monday Memo CC 12:30 Bingo AC 3:00 Cafe Fresco: Infused Water CC	5 7:30 Morning Mimosas CC *until 8:30* 9:00 LIFT Exercise Class AC 10:15 Men's Coffee Philosophy AC 12:30 Menu Chat CC	6 10:15 The Classics: Women's Chat CC 12:30 Flex Your Brain Handout CC 12:30 Dominoes & Mexican TrainL 3:00 Birthday Party AC	7 9:00 LIFT Exercise Class AC <b>9:00 Estate Planning AC</b> *Until 11* 10:15 Men's Coffee Philosophy CC 10:30 Pet Therapy w/ Darla AL 1:00 Walmart O	8 8:00 Coffee with Eric CC 9:00 SAIL Exercise Class AC 12:30 Flex Your Brain Handout CC 1:00 Rick Steves CC	9 10:00 Monthly Brunch CC 11:30 Bingo AC
3:30 Communion - Southern Hills AL 4:00 Church Service - Var. Ministries AL	11 9:00 SAIL Exercise Class AC 11:15 Monday Memo CC 12:00 Quarterly Cottager's Meeting AC 12:30 Bingo AC 3:00 Cafe Fresco: Infused Water CC	12 9:00 LIFT Exercise Class AC 10:15 Men's Coffee Philosophy AC 10:30 Bradford Book Club L 12:30 Menu Chat CC	13 10:15 The Classics: Women's Chat CC 12:30 Flex Your Brain Handout CC 12:30 Dominoes & Mexican TrainL TBD Art of Racing in the Rain O	14 9:00 LIFT Exercise Class AC 10:15 Men's Coffee Philosophy AC 12:30 John Vincent: Medicare Changes CC 1:00 Walmart O	15 8:00 Coffee with Eric CC 9:00 SAIL Exercise Class AC 10:30 Craft AC 12:30 Flex Your Brain Handout CC	16 10:00 Monthly Brunch CC 11:30 Bingo AC
3:30 Communion - Southern Hills AL 4:00 Church Service - Var. Ministries AL	18 9:00 SAIL Exercise Class AC 10:30 The Great Courses CC 11:15 Monday Memo CC 12:30 Bingo AC 3:00 Cafe Fresco: Infused Water CC	19 9:00 LIFT Exercise Class AC <b>10:00 My Love Affair with the Brain AC</b> 10:15 Men's Coffee Philosophy CC 12:30 Menu Chat CC	20 10:15 The Classics: Women's Chat CC 12:30 Flex Your Brain Handout CC 12:30 Dominoes & Mexican TrainL <b>3:00 Bradford Buddies: Board Games w/ AL</b>	21 7:15 Donuts with Donna CC 9:00 LIFT Exercise Class AC 10:15 Men's Coffee Philosophy AC 1:00 Walmart O	22 8:00 Coffee with Eric CC 9:00 SAIL Exercise Class AC 12:30 Flex Your Brain Handout CC 3:00 Movie & Pizza: Father of the Bride AC	23 10:00 Monthly Brunch CC 11:30 Bingo AC
3:30 Communion - Southern Hills AL 4:00 Church Service - Var. Ministries AL	25 9:00 SAIL Exercise Class AC 10:00 Edmond Quilt Guild AC 10:30 The Great Courses CC 11:15 Monday Memo CC 12:30 Bingo AC 3:00 Cafe Fresco: Infused Water CC	26 9:00 LIFT Exercise Class AC 10:15 Men's Coffee Philosophy AC 10:30 Pet Therapy w/ Augustus AL 4:30 Cocktails CC <b>5:00 Celebrate CC</b>	27 10:15 The Classics: Women's Chat CC 10:30 Aromatherapy CC 12:30 Flex Your Brain Handout CC 12:30 Dominoes & Mexican TrainL	28 9:00 LIFT Exercise Class AC 10:15 Men's Coffee Philosophy AC 10:30 Memory Sharing CC 1:00 Walmart O	29 8:00 Coffee with Eric CC 9:00 SAIL Exercise Class AC 12:30 Flex Your Brain Handout CC	30 10:00 Monthly Brunch CC 11:30 Bingo AC
3:30 Communion - Southern Hills AL 4:00 Church Service - Var. Ministries AL	31 9:00 SAIL Exercise Class AC 10:00 Edmond Quilt Guild AC 10:30 The Great Courses CC 11:15 Monday Memo CC 12:30 Bingo AC 3:00 Cafe Fresco: Infused Water CC	32 9:00 LIFT Exercise Class AC 10:15 Men's Coffee Philosophy AC 10:30 Pet Therapy w/ Augustus AL 4:30 Cocktails CC <b>5:00 Celebrate CC</b>	33 10:15 The Classics: Women's Chat CC 10:30 Aromatherapy CC 12:30 Flex Your Brain Handout CC 12:30 Dominoes & Mexican TrainL	34 9:00 LIFT Exercise Class AC 10:15 Men's Coffee Philosophy AC 10:30 Memory Sharing CC 1:00 Walmart O	35 8:00 Coffee with Eric CC 9:00 SAIL Exercise Class AC 12:30 Flex Your Brain Handout CC	36 10:00 Monthly Brunch CC 11:30 Bingo AC